Acute Iron Dextran Injection Increases Liver Weight and Reduces Glycerol Kinase Expression in Liver

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Abstract
Iron is essential and needed in a very small amount. When iron exceeds normal need, metabolic alteration occurs, causing hepatosteatosis. The mechanism of iron inducing hepatosteatosis remains unclear. Glycerol kinase, the enzyme responsible in triglyceride synthesis initiation, is assumed to have a role in the pathomechanism of hepatosteatosis. This study aimed to investigate the gene expression of glycerol kinase in an acute iron overload condition. This study was conducted in Animal Laboratory Faculty of Medicine and Central Laboratory Universitas Padjadjaran from May to June 2017. Three groups of mice were divided by the dose of iron dextran injection (0, 0.1, 0.3 mg/day/mice). After 19 days, mice were terminated, liver weight was measured and glycerol kinase gene expression in the liver was determined by semi-quantitative PCR. Quantification of PCR result was calculated by ImageJ software. There was a significant change in liver weight of the mice in a dose-dependent manner of iron injection. The expression of glycerol kinase tended to decrease, but statistically insignificant. Acute iron dextran injection increases liver weight and tends to reduce glycerol kinase gene expression in mice liver.

Keywords: Glycerol kinase, hepatosteatosis, iron overload

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Efek Zat Besi Dosis Tinggi Akut dalam Meningkatkan Berat Organ dan Menurunkan Ekspresi Gliserol Kinase Hepar

Abstrak
Zat besi merupakan nutrien esensial dan diperlukan dalam jumlah yang sangat kecil. Ketika kadar zat besi melebihi kadar normal dalam tubuh, terjadi perubahan metabolisme yang menyebabkan hepatosteatosis. Mekanisme zat besi dalam menyebabkan hepatosteatosis masih belum diketahui secara pasti. Glicerol kinase, enzim yang menginisiasi sintesis trigliserida, diduga berperan dalam patomekanisme hepatosteatosis. Penelitian ini bertujuan untuk meneliti ekspresi gen gliserol kinase pada hepap pada kondisi tinggi zat besi akut. Penelitian ini dilakukan di Laboratorium Hewan Fakultas Kedokteran dan Laboratorium Sentral Universitas Padjadjaran dari bulan Mei sampai dengan Juni 2017. Tiga kelompok menerima dosis gliserol kinase intraperitoneal (0, 0.1, 0.3 mg/ekor). Setelah 19 hari, menerima diterima, berat hepap ditimbang dan ekspresi gen gliserol kinase diukur dengan metode semi-qualitatif PCR. Kuantifikasi hasil PCR dilakukan dengan menggunakan aplikasi ImageJ. Terdapat peningkatan berat hepap secara signifikan yang sejalan dengan dosis injeksi zat besi. Ekspresi gen gliserol kinase cenderung menurun, meskipun secara statistik tidak signifikan. Keadaan tinggi kadar zat besi yang akut meningkatkan berat hepap dan cenderung menurunkan ekspresi gen gliserol kinase pada hepap menerima.

Kata kunci: Gliserol kinase, hepatosteatosis, zat besi melebihi
Introduction

Iron is essential to our body and needed in very small amount. Iron is not excreted actively by the body, therefore it accumulated easily in the body when dysregulation or excessive intake occurred. Normally, iron is regulated by hepcidin and stored in form of ferritin and hemosiderin in the spleen, small intestine, skeletal muscle, and mostly in liver.

Chronic anemia experienced by thalassemia patient needs a repetitive blood transfusion to replenish red blood cells. However, this definite therapy can lead to iron overload. Another condition, such as gene mutation as seen in hemochromatosis can lead to iron overload condition. Iron overload is defined as an excessive accumulation of iron in the body. This condition can produce severe complication such as liver damage, cardiomyopathy, and endocrine morbidities, and excessive iron inside the body will form a reactive oxygen species (ROS) and a lipid peroxidation via Fenton and Haber-Weiss reaction. ROS and lipid peroxidation formed were known to cause mitochondrial dysfunction. This unfavorable condition decreased the number of ATP produced by the cell.

The liver is the primary organ for a metabolic process which also has a pivotal role as the main site of iron storage and distribution from hepatocyte to circulation, particularly when there is a metabolic need. Cellularly, iron overload is indicated by increased ferritin and hemosiderin level which end up with fibrosis. The adaptation of this change leads to an increase in the amount of the liver or even may cause carcinoma. Sengsuk et al. suggested that iron overload is related with the alteration of lipid metabolism proved by the correlation between increased ferritin level and serum triglyceride forming an intra-hepatic triglyceride called hepatosteatosis. It has been proven that chronic hepatosteatosis may mediate inflammation and fibrogenesis.

Recent studies have been focused on revealing the mechanism of the pathogenic pathway leading to an increase of intrahepatic triglyceride. The increase of lipid dietary uptake and increase of lipolysis induce-increase of glycerol serum level which leads to an increase of triglyceride synthesis in the liver, are a well-known cause of an increase of intrahepatic triglyceride. Sn-glycerol-3-phosphate is one of three common pathways in triglyceride synthesis; the rests are dihydroxyacetone phosphate and monoacylglycerol pathway. Sn-glycerol-3-phosphate mainly occurs in liver, and glycerol kinase is an enzyme that catalyzes a reaction between adenosine triphosphate (ATP) and glycerol to yield sn-glycerol-3-phosphate and adenosine diphosphat (ADP). Other pathways are mostly occurred in adipocyte and in enterocyte.

The purpose of this study was to investigate the expression of the glycerol kinase gene under an acute iron overload condition. We hypothesized that the expression of the glycerol kinase gene was changed in the iron overload condition and could lead to intra-hepatic triglyceride accumulation. We used DDY mice strain in our animal experimental study to create a model of iron overload patient.

Methods

Acute iron overload mice model
This research was approved by the Health Research Ethics Committee Faculty of Medicine Universitas Padjadjaran (No. 43/UN6.C1.3.2/KEPK/PN/2017. Mice strain DDY aged 10 to 12 weeks old were purchased from Biofarma and housed in Animal Laboratory of Faculty of Medicine, Universitas Padjadjaran with a condition of 12 h/12 light and dark, adequate air circulation, food, and water supply. Mice were acclimatized in the laboratory for 7 days before the intervention.

This study was conducted as previously described. Iron solutions were made by diluting
iron dextran (Hemadex, Sanbe, Indonesia) in 200 ml of NaCl 0.9%. Mice were divided into 3 groups: control, group 1 and group 2 with dose 0, 0.1 and 0.3 mg iron dextran, respectively. A total of 200 ml saline and iron solution were injected intraperitoneally for 19 days. After 19 days of treatment, mice were sacrificed by cervical dislocation, the liver was harvested and liver weight was measured. The liver was snapped frozen in liquid nitrogen and stored in –80 °C.

RNA isolation, cDNA synthesis and polymerase chain reaction (PCR)
Total RNA from liver was collected by using TRIzol (Invitrogen) according to the manufacturer standard protocol. Briefly, 50 mg of liver was homogenized with 500 μL TRIzol reagent and RNA-contained solution was collected after added 100 μL chloroform and centrifuged 13,000x rpm for 15 minutes. RNA-contained solution was further precipitated with isopropanol, washed with 70% ethanol and homogenized with RNase free water.

cDNA synthesis was performed by using ReverTra Ace® qPCR RT Master Mix (Toyobo), followed by semi-qualitative PCR by using rTaq DNA Polymerase (Toyobo) kit according to the manufacturer protocol. Target gene expression level was normalized by using GAPDH mRNA levels. The PCR product was applied to gel electrophoresis and the band was quantified using ImageJ 1.51 application.22 Primer list are described as follows: Glycerol Kinase-forward: gctgtaatccgctggctaag; Glycerol Kinase-reverse: atg gcatccaaatctctcg; GAPDH-forward: tccaccacctggtgcctgta; GAPDH-reverse: accacagtccagcccatc.

Statistical analysis
GraphPad Prism 7 (La Jolla, USA) was used in our statistical analysis. All results were analyzed by using D’Agustino Pearson and Kolmogorov-Smirnov for normal distribution. One-way ANOVA was chosen to evaluate the differences between groups, followed by Bonferroni Post Hoc Test. A p-value <0.05 was considered as statistically significant.

Results
Increase of liver weight after iron dextran injection
Liver weights of all samples were measured. After 19 days of saline or iron dextran injection, the liver weight in control group was 1.40±0.15 gram, while the liver weight in group 1
Liver weight was increased proportionally allow to iron dextran dose. Statistical analysis showed that the liver weight in group 2 was increased highly significantly compared to the control group (p=0.01) and group 2 (p=0.06). There were no statistically different in liver weight control and group 1.

A tendency of glycerol kinase gene expression to decrease after iron dextran injection
The gene expression of glycerol kinase tended to decrease after iron dextran injection (Figure 2). Unfortunately, quantification of PCR band showed that there was no difference in gene expression level (control=1.00±0.42; group 1=0.76±0.12; group 2=0.60±0.28) (Figure 3).

Discussion
Hepatosteatosis pathogenesis related to iron overload experienced in major thalassemia patients prevalence remains unclear. Studies have been conducted to know the mechanism of hepatosteatosis and the main etiology of the disease. There are pieces of evidence that iron overload is correlated with hepatosteatosis. Insulin resistance due to damage of pancreas and or insulin resistance in target organs has been associated with hepatosteatosis. Insulin resistance in adipose tissue promotes lipid breakdown and releases fatty acid into the circulation, causing accumulation of fatty acid in the liver. However, it is unknown whether there are correlations of iron deposit with de novo lipid synthesis in the liver.
In the present study, an increase of liver weight indicated there was enlargement of the liver. The hepatocyte is the main site of iron and triglyceride deposit when the amount of these become excessive.6,7 Liver maintains iron balance in circulation by producing the protein maintaining iron balance in systemic. Iron was stored in liver and it is mobilized into circulation to maintain the iron level in systemic. In excessive condition, iron stored within the liver on ferritin and hemosiderin form. High concentration of iron in the liver induce an increase in liver weight. Non-binding iron in the liver induce production of reactive oxygen species and lead to inflammation. This condition can induce liver enlargement due to hepatocyte swelling. However, injection of iron dextran 0.1 mg/day resulted in no increase of liver weight, suggested a certain cut off dose and or duration of iron dextran injection are necessary to increase liver weight.

The accumulation of triglyceride in the liver can increase liver weight.23,26 The high iron level in the human body has been showed to correlate with triglyceride accumulation in liver such as in alcoholic liver diseases or non-alcoholic fatty liver disease.27 In chronic of blood transfusion as seen in thalassemia patient with prolonged blood transfusion, the serum level of ferritin is correlated with the high level of a marker of hepatic dysfunction such as alanine aminotransferase (ALT) and aspartate aminotransferase (ASP).27 Furthermore, the serum triglyceride is also increased in thalassemia patient with blood transfusion.28 However, it is not clear how the mechanism of triglyceride accumulation in the liver. Our study is focused to investigate the impact of iron overload only in the early phase. Further experiments including the measurement of hepatic tissue iron level, triglyceride content, and proteins involved in fibrogenesis are necessary to confirm what might cause the increase in liver weight.

Triglyceride is synthesized in a three-way; dihydroxyacetone phosphate, monoacylglycerol, and sn-glycerol-3 phosphate pathway. The first mostly occurs in adipose tissue, the second is in enterocyte, and the last is in the hepatocyte. Even though, all those three pathways can occur in any site.19 We presumed that there would be an increase of gene expression of glycerol kinase as the main marker in sn-3-glycerol phosphate pathway. However, our finding showed that expression of glycerol kinase tends to decrease after 19 days of iron dextran injection. From this result, it might be assumed that the triglyceride synthesis is not triggered in the early phase of an iron overload condition, particularly during excess iron condition is not using the sn-3-glycerol phosphate pathway. Other possibilities are the dosage and or duration of treatment to the mice are insufficient to cause manifestation that we expected.

**Conclusion**

Acute iron dextran injection increases liver weight and tends to reduce glycerol kinase expression in mice liver.

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**Conflict of Interest**

The authors declare no conflict of interest.

**References**


